

**Minor Health History**

Full Name \_\_\_\_\_

Name you prefer \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Biological gender\* at birth:  male  female Gender\* that you best identify with:  male  female  other

Preferred Pronouns \_\_\_\_\_

\*Because biologically male and female dentitions change and evolve at different ages we need to know this in order to create an accurate treatment plan.

Your HOME Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Preferred Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

For communications from us do you prefer:  text  phone call  email

We send email appointment reminders and financial statements by email, and also offer text message or phone call reminders.

How did you hear about us? Or who should we thank for referring you to our office?  
\_\_\_\_\_

Name of the person accompanying the patient today? \_\_\_\_\_

What is your relationship to the patient? \_\_\_\_\_

With whom does the patient live? \_\_\_\_\_

Who should receive routine info about treatment progress? \_\_\_\_\_

Father's name: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Mother's name: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Are parents divorced/separated? Yes  No

Is patient adopted? Yes  No

Did biological mom or dad have orthodontic treatment? Yes  No  If so, for how long? \_\_\_\_\_

**Dental Insurance:**

Do you have insurance coverage for orthodontic treatment? Yes  No

If yes, name of employer on policy: \_\_\_\_\_

Primary policy holder's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Group #: \_\_\_\_\_ ID #: \_\_\_\_\_

Insurance company name: \_\_\_\_\_

Insurance company phone: \_\_\_\_\_

**General Dentist:**

Your dentist \_\_\_\_\_ Last checkup date \_\_\_\_\_

(first and last name please)

What is your primary concern? Why are you seeing us today, in your own words? What would you like to change about your teeth/smile?

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Are you interested in:       Braces                               Invisalign  
What is most important to you:  Low monthly pay       Short treatment time       How soon you get started

**DENTAL HISTORY:** How often do you brush: \_\_\_\_\_ Floss \_\_\_\_\_

Do you now have or ever had? Check and/or circle all that apply

- |  |   |
|--|---|
| <input type="checkbox"/> Braces  | <input type="checkbox"/> TMJ splint   |
| <input type="checkbox"/> Nightguard  | <input type="checkbox"/> Wisdom teeth extracted                                 |
| <input type="checkbox"/> Supernumerary ("extra") teeth.                            | <input type="checkbox"/> Pain in jaws   |
| <input type="checkbox"/> Congenitally missing teeth                                | <input type="checkbox"/> Jaws "noisy" when you open and close                   |
| <input type="checkbox"/> Difficulty in chewing or jaw opening                      | <input type="checkbox"/> Tooth grinding or jaw clenching                        |
| <input type="checkbox"/> Jaws stick or lock  | <input type="checkbox"/> Have you ever been treated for "TMD" or "TMJ"          |
| <input type="checkbox"/> Frequent canker sores or cold sores                       | <input type="checkbox"/> Abnormal swallowing habit (tongue thrusting)           |
| <input type="checkbox"/> Ever had a prior orthodontic examination                  | <input type="checkbox"/> Thumb, finger, or sucking habit? Until what age _____? |
| <input type="checkbox"/> History of speech problems                                | <input type="checkbox"/> Mouth breathing habit, snoring or difficulty breathing |
| <input type="checkbox"/> Aware of loose, broken or missing restorations (fillings) | <input type="checkbox"/> Had periodontal (gum) treatment                        |

- Any pain or soreness in the muscles of the face, jaws or around the ears?  
 Aware or concerned about under or over developed jaw  
 Any relative with similar tooth or jaw relationships (severe overjet, overbite, underbite...)  
 Had any serious trouble associated with any previous dental treatment. Explain: \_\_\_\_\_

Under another dentist's or specialist's care? Name/reason: \_\_\_\_\_

Other dental issues we should know about \_\_\_\_\_

**MEDICAL HISTORY:** Do you now have or ever had? Check and/or circle all that apply

- |  |   |
|--|---|
| <input type="checkbox"/> Rheumatoid or arthritic conditions              | <input type="checkbox"/> Diabetes   |
| <input type="checkbox"/> Bone disease or osteoporosis                    | <input type="checkbox"/> Cancer, tumor, radiation treatment or chemotherapy |
| <input type="checkbox"/> Stomach ulcer or hyperacidity                   | <input type="checkbox"/> Problems of the immune system                      |
| <input type="checkbox"/> Hepatitis                                       | <input type="checkbox"/> History of eating disorder (anorexia, bulimia)     |
| <input type="checkbox"/> Vision, hearing, tasting or speech difficulties | <input type="checkbox"/> Oral herpes  |
| <input type="checkbox"/> Tuberculosis                                    | <input type="checkbox"/> Eye, ear, nose or throat conditions                |
| <input type="checkbox"/> High or low blood pressure                      | <input type="checkbox"/> Frequent headaches, cold or sore throats           |
| <input type="checkbox"/> Bone fractures, any major accidents             | <input type="checkbox"/> Fainting spells, epilepsy or neurological problem. |
| <input type="checkbox"/> Endocrine or thyroid problems                   | <input type="checkbox"/> Tonsils removed?                                   |
| <input type="checkbox"/> Seizures. If yes, how often? _____              |   |

Asthma. How often do you use an emergency inhaler for attacks? \_\_\_\_\_

Other: \_\_\_\_\_

**Medications:** Please list all medications regularly taken; both prescription & over-the-counter drugs: What ? Why ?

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**Allergies:** List anything you are allergic to (penicillin, latex, etc.)

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Any operations/surgery? If yes, please describe \_\_\_\_\_

Hospitalized? for \_\_\_\_\_

Have you ever had a significant blow to the face, head or a whiplash injury? Yes  No

Date? \_\_\_\_\_ What part of the head? \_\_\_\_\_ Were any teeth involved? Yes  No

Explain:

Is there any illness or problem not listed that we should know about? Is there anything about your teeth, face, nose, or jaws that you would like to change? Please feel free to tell us anything else you feel we should know that may be related to your orthodontic, jaw, tooth, and/or jaw joint problem.

Do you, your parents or siblings have or ever had any of the following:

Jaw size imbalance  Unusual dental problems

If yes to any of these, please explain \_\_\_\_\_

Do you chew or smoke tobacco? Yes  No  Which (smoke or chew)? \_\_\_\_\_

If so how much? \_\_\_\_\_ If you have quit, when? \_\_\_\_\_

Have you ever taken bisphosphonates (for osteoporosis, bone density loss or cancer?) Yes  No

Women: are you pregnant? Yes  No  Are you anticipating becoming pregnant soon? Yes  No

I, by my signature below, give permission for release of any pertinent information about my health that may be necessary for proper diagnosis and treatment of information regarding treatment to my dentist or other health professional. You have my permission to use clinical diagnostic materials such as x-rays, study models, photographic images, etc., in consultation with others regarding my treatment.

Signed: X \_\_\_\_\_ Date Signed : \_\_\_\_\_

Parent/Guardian

Signed: X \_\_\_\_\_ Date Signed : \_\_\_\_\_

Doctor

Thank you for choosing us!  
We're looking forward to meeting you!  
Dr. Matthew C. Biermann DMD PC  
Biermann Orthodontics